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Special Release

09 August, 2024

**HEALTH ADVISORY 3 TO THE UNIVERSITY COMMUNITY -  
INCORRECT USE OF INFORMATION AND EQUIPMENT**

It has been observed that many members of the university community who own Blood Pressure Monitors (Sphygs) have been skipping the use of prescribed drugs unadvisedly. The UHS wishes to reiterate that the machine is to help obtain Blood Pressure Values at home and keep the record over time in between hospital visits.

The overview will be used to take better or informed decisions by health care givers. Changes in use of medication should be done only as advised by the health care practitioners.

Secondly, the machine may be obtained at the UHS Pharmacy and Health store.

Thirdly, please act positively on all knowledge about your health. Ask your health care providers for clarification.

Thank you.

**G.O. Saliu, MANUPA, MNIM, MAUA**  
Registrar and Secretary to Council