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Communication from UHS: Hepatitis B

Be screened and protected

Preventive measures to take to avoid contracting HEPATITIS B:

- 1. Wash hands as recommended.
- 2. Avoid unprotected contact with blood and body fluids.
- 3. Do not have unprotected sex.
- 4. Avoid having multiple sex partners.
- 5. Cook food thoroughly, especially meat, poultry, eggs and seafood. Proper cooking kills almost all dangerous microorganisms.

Testing and vaccine for HEPATITIS B are available in the UHS.

Thank you.

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Registrar/Secretary to Council